1. Feed strap under load before threading buckle. Fold tail of strap and form loop. Hold buckle with legs on top and pointing right.

2. From underneath, insert loop through center of buckle.

3. Pull loop over back leg of buckle.

4. Pull strap, not tail end, to cinch loop tight.

5. Remove excess slack under load and then fold a section of strap to form a loop.

6. From underneath, insert loop through buckle.

7. Pull loop over front leg of buckle.

8. Brace strap and pull tail to cinch loop and to remove any excess slack.